

BRUSTER'S BANANA CHIP YOGURT - DISH - SM

Nutrition Facts

Serving Size (140g)

Servings Per Container 1

Amount Per Serving

Calories 180 **Calories from Fat** 45

% Daily Value*

Total Fat 5g **8%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 10mg **4%**

Sodium 135mg **6%**

Total Carbohydrate 28g **9%**

 Dietary Fiber 0g **1%**

 Sugars 23g

Protein 5g

Vitamin A 2% • Vitamin C 4%

Calcium 20% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE).

BRUSTER'S BANANA CHIP YOGURT - DISH - REG

Nutrition Facts

Serving Size (210g)

Servings Per Container 1

Amount Per Serving

Calories 270 Calories from Fat 70

% Daily Value*

Total Fat 7g 11%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 20mg 6%

Sodium 200mg 8%

Total Carbohydrate 42g 14%

Dietary Fiber <1g 2%

Sugars 35g

Protein 8g

Vitamin A 4% • Vitamin C 6%

Calcium 30% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE).

BRUSTER'S BANANA CHIP YOGURT - DISH - LG

Nutrition Facts

Serving Size (280g)

Servings Per Container 1

Amount Per Serving

Calories 360 Calories from Fat 90

% Daily Value*

Total Fat 10g 15%

Saturated Fat 6g 31%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 270mg 11%

Total Carbohydrate 56g 19%

Dietary Fiber <1g 3%

Sugars 47g

Protein 10g

Vitamin A 6% • Vitamin C 8%

Calcium 40% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE).

BRUSTER'S BANANA CHIP YOGURT - SUGAR CONE - SM

Nutrition Facts

Serving Size (153g)
 Servings Per Container 1



Amount Per Serving

Calories 230 Calories from Fat 45



% Daily Value*

Total Fat 5g 8%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 10mg 4%

Sodium 150mg 6%

Total Carbohydrate 40g 13%

Dietary Fiber 0g 1%

Sugars 26g

Protein 6g



Vitamin A 2% • Vitamin C 4%

Calcium 20% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE). SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

BRUSTER'S BANANA CHIP YOGURT - SUGAR CONE - REG

Nutrition Facts

Serving Size (223g)
 Servings Per Container 1



Amount Per Serving

Calories 320 Calories from Fat 70



% Daily Value*

Total Fat	8g	12%
Saturated Fat	4.5g	23%
Trans Fat	0g	
Cholesterol	20mg	6%
Sodium	220mg	9%
Total Carbohydrate	54g	18%
Dietary Fiber	<1g	2%
Sugars	38g	

Protein 8g



Vitamin A 4% • Vitamin C 6%

Calcium 30% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE).
 SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

BRUSTER'S BANANA CHIP YOGURT - SUGAR CONE - LG

Nutrition Facts

Serving Size (293g)

Servings Per Container 1

Amount Per Serving

Calories 410 Calories from Fat 90

% Daily Value*

Total Fat 10g 16%

Saturated Fat 6g 31%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 290mg 12%

Total Carbohydrate 68g 23%

Dietary Fiber <1g 3%

Sugars 50g

Protein 11g

Vitamin A 6% • Vitamin C 8%

Calcium 40% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE). SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

BRUSTER'S BANANA CHIP YOGURT - CAKE CONE - SM

Nutrition Facts

Serving Size (146g)

Servings Per Container 1

Amount Per Serving

Calories 200 Calories from Fat 45

% Daily Value*

Total Fat 5g 8%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 10mg 4%

Sodium 140mg 6%

Total Carbohydrate 33g 11%

Dietary Fiber 0g 1%

Sugars 24g

Protein 6g

Vitamin A 2% • Vitamin C 4%

Calcium 20% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE). CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

BRUSTER'S BANANA CHIP YOGURT - CAKE CONE - REG

Nutrition Facts

Serving Size (216g)

Servings Per Container 1



Amount Per Serving

Calories 290 Calories from Fat 70



% Daily Value*

Total Fat 8g 12%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 20mg 6%

Sodium 210mg 9%

Total Carbohydrate 47g 16%

Dietary Fiber <1g 2%

Sugars 35g

Protein 8g



Vitamin A 4% • Vitamin C 6%

Calcium 30% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE). CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

BRUSTER'S BANANA CHIP YOGURT - CAKE CONE - LG

Nutrition Facts

Serving Size (286g)

Servings Per Container 1

Amount Per Serving

Calories 380 Calories from Fat 90

% Daily Value*

Total Fat 10g 15%

Saturated Fat 6g 31%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 280mg 12%

Total Carbohydrate 61g 20%

Dietary Fiber <1g 3%

Sugars 47g

Protein 11g

Vitamin A 6% • Vitamin C 8%

Calcium 40% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE). CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

BRUSTER'S BANANA CHIP YOGURT - WAFFLE CONE - SM

Nutrition Facts

Serving Size (170g)

Servings Per Container 1

Amount Per Serving

Calories 300 Calories from Fat 70

% Daily Value*

Total Fat 8g 12%

Saturated Fat 4g 19%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 135mg 6%

Total Carbohydrate 51g 17%

Dietary Fiber 0g 1%

Sugars 34g

Protein 7g

Vitamin A 2% • Vitamin C 4%

Calcium 20% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE).
 WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

BRUSTER'S BANANA CHIP YOGURT - WAFFLE CONE - REG

Nutrition Facts

Serving Size (240g)

Servings Per Container 1

Amount Per Serving

Calories 390 Calories from Fat 100

% Daily Value*

Total Fat 11g 16%

Saturated Fat 5g 27%

Trans Fat 0g

Cholesterol 25mg 9%

Sodium 200mg 8%

Total Carbohydrate 65g 22%

Dietary Fiber <1g 2%

Sugars 45g

Protein 9g

Vitamin A 4% • Vitamin C 6%

Calcium 30% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE).
 WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

BRUSTER'S BANANA CHIP YOGURT - WAFFLE CONE - LG

Nutrition Facts

Serving Size (310g)

Servings Per Container 1

Amount Per Serving

Calories 480 Calories from Fat 120

% Daily Value*

Total Fat 13g 20%

 Saturated Fat 7g 35%

 Trans Fat 0g

Cholesterol 35mg 11%

Sodium 270mg 11%

Total Carbohydrate 79g 26%

 Dietary Fiber <1g 3%

 Sugars 57g

Protein 12g

Vitamin A 6% • Vitamin C 8%

Calcium 40% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, SUGAR, CORN SYRUP, WHEY, BANANAS, CREAM, NONFAT MILK SOLIDS, GUAR GUM, MONO & DIGLYCERIDES, HIGH FRUCTOSE CORN SYRUP, WATER, DEHYDRATED BANANA, HYDROGENATED COCONUT, SOYBEAN AND PALM KERNEL OILS, COCOA, WHEAT STARCH, SODIUM PHOSPHATE, CALCIUM PHOSPHATE, CARRAGEENAN, POLYSORBATE 80, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, SOY LECITHIN, SALT, FD&C YELLOW 5 & 6, CARAMEL COLOR, SODIUM BENZOATE (A PRESERVATIVE).
 WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.