

BRUSTER'S OREO® ICE CREAM - DISH - SM

Nutrition Facts

Serving Size (140g)

Servings Per Container 1

Amount Per Serving

Calories 350 **Calories from Fat** 160

% Daily Value*

Total Fat 18g **28%**

Saturated Fat 10g **48%**

Trans Fat 0g

Cholesterol 45mg **14%**

Sodium 150mg **6%**

Total Carbohydrate 42g **14%**

 Dietary Fiber <1g **2%**

 Sugars 30g

Protein 4g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE.

BRUSTER'S OREO® ICE CREAM - DISH - REG

Nutrition Facts

Serving Size (210g)

Servings Per Container 1

Amount Per Serving

Calories 520 Calories from Fat 240

% Daily Value*

Total Fat 27g 42%

Saturated Fat 14g 72%

Trans Fat 0g

Cholesterol 65mg 22%

Sodium 230mg 10%

Total Carbohydrate 62g 21%

Dietary Fiber <1g 3%

Sugars 45g

Protein 7g

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE.

BRUSTER'S OREO® ICE CREAM - DISH - LG

Nutrition Facts

Serving Size (280g)

Servings Per Container 1

Amount Per Serving

Calories 690 Calories from Fat 320

% Daily Value*

Total Fat 36g 55%

Saturated Fat 19g 95%

Trans Fat 0g

Cholesterol 85mg 29%

Sodium 310mg 13%

Total Carbohydrate 83g 28%

Dietary Fiber 1g 4%

Sugars 60g

Protein 9g

Vitamin A 20% • Vitamin C 4%

Calcium 25% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE.

BRUSTER'S OREO® ICE CREAM - SUGAR CONE - SM

Nutrition Facts

Serving Size (153g)

Servings Per Container 1

Amount Per Serving

Calories 400 Calories from Fat 160

% Daily Value*

Total Fat 18g 28%

 Saturated Fat 10g 48%

 Trans Fat 0g

Cholesterol 45mg 14%

Sodium 170mg 7%

Total Carbohydrate 54g 18%

 Dietary Fiber <1g 2%

 Sugars 33g

Protein 5g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

BRUSTER'S OREO® ICE CREAM - SUGAR CONE - REG

Nutrition Facts

Serving Size (223g)

Servings Per Container 1

Amount Per Serving

Calories 570 Calories from Fat 250

% Daily Value*

Total Fat 27g 42%

Saturated Fat 14g 72%

Trans Fat 0g

Cholesterol 65mg 22%

Sodium 250mg 10%

Total Carbohydrate 74g 25%

Dietary Fiber <1g 3%

Sugars 48g

Protein 7g

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

BRUSTER'S OREO® ICE CREAM - SUGAR CONE - LG

Nutrition Facts

Serving Size (293g)

Servings Per Container 1

Amount Per Serving

Calories 740 Calories from Fat 330

% Daily Value*

Total Fat 36g 56%

Saturated Fat 19g 95%

Trans Fat 0g

Cholesterol 85mg 29%

Sodium 330mg 14%

Total Carbohydrate 95g 32%

Dietary Fiber 1g 4%

Sugars 63g

Protein 9g

Vitamin A 20% • Vitamin C 4%

Calcium 30% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. SUGAR CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), OAT FIBER AND/OR VEGETABLE FIBER, SALT, CARAMEL COLOR, ARTIFICIAL FLAVOR, SOY LECITHIN.

BRUSTER'S OREO® ICE CREAM - CAKE CONE - SM

Nutrition Facts

Serving Size (146g)

Servings Per Container 1

Amount Per Serving

Calories 370 Calories from Fat 160

% Daily Value*

Total Fat 18g 28%

 Saturated Fat 10g 48%

 Trans Fat 0g

Cholesterol 45mg 14%

Sodium 160mg 7%

Total Carbohydrate 47g 16%

 Dietary Fiber <1g 2%

 Sugars 30g

Protein 5g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

BRUSTER'S OREO® ICE CREAM - CAKE CONE - REG

Nutrition Facts

Serving Size (216g)

Servings Per Container 1

Amount Per Serving

Calories 540 Calories from Fat 240

% Daily Value*

Total Fat 27g 42%

Saturated Fat 14g 72%

Trans Fat 0g

Cholesterol 65mg 22%

Sodium 240mg 10%

Total Carbohydrate 67g 22%

Dietary Fiber <1g 3%

Sugars 45g

Protein 7g

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

BRUSTER'S OREO® ICE CREAM - CAKE CONE - LG

Nutrition Facts

Serving Size (286g)

Servings Per Container 1

Amount Per Serving

Calories 720 Calories from Fat 330

% Daily Value*

Total Fat 36g 56%

Saturated Fat 19g 95%

Trans Fat 0g

Cholesterol 85mg 29%

Sodium 320mg 13%

Total Carbohydrate 88g 29%

Dietary Fiber 1g 4%

Sugars 60g

Protein 9g

Vitamin A 20% • Vitamin C 4%

Calcium 25% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. CAKE CONE: ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TAPIOCA FLOUR, SUGAR, VEGETABLE OIL SHORTENING (SOYBEAN AND/OR CANOLA OIL, MODIFIED PALM OIL, SOY LECITHIN, AND/OR PARTIALLY HYDROGENATED SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, AMMONIUM BICARBONATE), SALT, NATURAL FLAVOR, ANNATTO (VEGETABLE COLOR).

BRUSTER'S OREO® ICE CREAM - WAFFLE CONE - SM

Nutrition Facts

Serving Size (170g)

Servings Per Container 1

Amount Per Serving

Calories 470 Calories from Fat 190

% Daily Value*

Total Fat 21g 33%

Saturated Fat 10g 52%

Trans Fat 0g

Cholesterol 50mg 17%

Sodium 150mg 6%

Total Carbohydrate 64g 21%

Dietary Fiber <1g 2%

Sugars 40g

Protein 6g

Vitamin A 10% • Vitamin C 2%

Calcium 15% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

BRUSTER'S OREO® ICE CREAM - WAFFLE CONE - REG

Nutrition Facts

Serving Size (240g)

Servings Per Container 1

Amount Per Serving

Calories 650 Calories from Fat 270

% Daily Value*

Total Fat 30g 46%

Saturated Fat 15g 76%

Trans Fat 0g

Cholesterol 75mg 24%

Sodium 230mg 10%

Total Carbohydrate 85g 28%

Dietary Fiber <1g 3%

Sugars 55g

Protein 8g

Vitamin A 15% • Vitamin C 4%

Calcium 20% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.

BRUSTER'S OREO® ICE CREAM - WAFFLE CONE - LG

Nutrition Facts

Serving Size (310g)

Servings Per Container 1

Amount Per Serving

Calories 820 Calories from Fat 350

% Daily Value*

Total Fat 39g 60%

Saturated Fat 20g 99%

Trans Fat 0g

Cholesterol 95mg 31%

Sodium 310mg 13%

Total Carbohydrate 106g 35%

Dietary Fiber 1g 4%

Sugars 70g

Protein 10g

Vitamin A 20% • Vitamin C 4%

Calcium 25% • Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR. OREO COOKIE PIECES: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE. WAFFLE CONE: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS), WHOLE EGG, ARTIFICIAL FLAVOR (INCLUDING MALTODEXTRIN, MODIFIED CORNSTARCH, BUTTER, BUTTERMILK), DEXTROSE, SOY LECITHIN, ARTIFICIAL VANILLA FLAVOR.