Brusters Chocolate Milkshake Regular 2011

Nutrition Facts

Serving Size (454g)
Servings Per Container 1

Amount Per Serving

Calories 830 Calories from Fat 340

	% Daily Value*
Total Fat 38g	**59%**
Saturated Fat 22g	**111%**
Trans Fat 0g	
Cholesterol 110mg	**37%**
Sodium 290mg	**12%**
Total Carbohydrate 108g	**36%**
Dietary Fiber 2g	**6%**
Sugars 81g	
Protein 13g	

Vitamin A 25% • Vitamin C 6%

Calcium 40% • Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, WATER, COCOA PROCESSED WITH ALKALI, MODIFIED CORNSTARCH, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, SALT, POTASSIUM SORBATE (A PRESERVATIVE).