

# Nutrition Facts

Serving Size (457g)  
 Servings Per Container 1

## Amount Per Serving

**Calories** 1150    **Calories from Fat** 530

**% Daily Value\***

<b>Total Fat</b>	59g	<b>91%</b>
Saturated Fat	31g	<b>155%</b>
<i>Trans</i> Fat	0g	
<b>Cholesterol</b>	140mg	<b>46%</b>
<b>Sodium</b>	520mg	<b>22%</b>
<b>Total Carbohydrate</b>	139g	<b>46%</b>
Dietary Fiber	2g	<b>7%</b>
Sugars	99g	

**Protein** 14g

Vitamin A 30%    •    Vitamin C 8%  
 Calcium 45%    •    Iron 40%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

**Ingredients:** VANILLA ICE CREAM: MILK, CREAM, SUGAR, CORN SYRUP, NONFAT MILK SOLIDS, SWEET WHEY, MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, POLYSORBATE 80, CARRAGEENAN, VANILLA, VANILLIN, NATURAL FLAVOR, CARAMEL COLOR. OREO COOKIE CRUMBS: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH OLEIC CANOLA OIL AND/OR PALM OIL AND/OR CANOLA OIL AND/OR SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE CORN SYRUP, CORNSTARCH, LEAVENING (SODIUM BICARBONATE AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, VANILLIN, CHOCOLATE.