# Nutrition Facts

1 servings per container  
**Serving size** 2.7 oz (76g)  

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories: 120</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>% Daily Value</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g 0%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g 0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g 0%</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg 0%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>65mg 3%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>27g 10%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0g 0%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>6g 0%</td>
</tr>
<tr>
<td>Includes 0g of Added Sugars</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>4g</td>
</tr>
</tbody>
</table>

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).  
*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
**Nutrition Facts**

1 servings per container

<table>
<thead>
<tr>
<th>Serving size</th>
<th>5.2 oz (146g)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories</th>
<th>230</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Daily Value*</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>120mg</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>48g</td>
<td>17%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>&lt;1g</td>
<td>4%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>11g</td>
<td></td>
</tr>
<tr>
<td>Includes 0g of Added Sugars</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>8g</td>
<td></td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0mcg</td>
<td>0%</td>
</tr>
<tr>
<td>Calcium</td>
<td>270mg</td>
<td>20%</td>
</tr>
<tr>
<td>Iron</td>
<td>0.8mg</td>
<td>4%</td>
</tr>
<tr>
<td>Potassium</td>
<td>370mg</td>
<td>8%</td>
</tr>
</tbody>
</table>

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color). *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
**Nutrition Facts**

1 servings per container

**Serving size** 7.7 oz (216g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories 330</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Daily Value*</td>
<td></td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>180mg</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>70g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1g</td>
</tr>
<tr>
<td><strong>Total Sugars</strong></td>
<td>16g</td>
</tr>
<tr>
<td>Includes 0g of Added Sugars</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>11g</td>
</tr>
</tbody>
</table>

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucrose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
### Nutrition Facts

1 servings per container  
**Serving size** 10.2 oz (286g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories</th>
<th>430</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>230mg</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>92g</td>
<td>33%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>2g</td>
<td>7%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>22g</td>
<td></td>
</tr>
<tr>
<td>Includes 0g of Added Sugars</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>15g</td>
<td></td>
</tr>
</tbody>
</table>

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

*PHENYLKETONURICS: CONTAINS PHENYLALANINE.
### Nutrition Facts

1 servings per container  
**Serving size**: 2.5 oz (70g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories</th>
<th>100</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>% Daily Value</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>55mg</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>22g</td>
<td>8%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>5g</td>
<td>0%</td>
</tr>
<tr>
<td>Includes 0g of Added Sugars</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>4g</td>
<td></td>
</tr>
<tr>
<td><strong>Vitamin D</strong></td>
<td>0mcg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Calcium</strong></td>
<td>130mg</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Iron</strong></td>
<td>0mg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Potassium</strong></td>
<td>180mg</td>
<td>4%</td>
</tr>
</tbody>
</table>

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.*

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
### Nutrition Facts

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories 200</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>% Daily Value</strong></td>
<td>0%</td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>110mg</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>43g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>&lt;1g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>11g</td>
</tr>
<tr>
<td>Includes 0g of Added Sugars</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>7g</td>
</tr>
<tr>
<td><strong>Vitamin D</strong></td>
<td>0mcg</td>
</tr>
<tr>
<td><strong>Calcium</strong></td>
<td>270mg</td>
</tr>
<tr>
<td><strong>Iron</strong></td>
<td>0.4mg</td>
</tr>
<tr>
<td><strong>Potassium</strong></td>
<td>370mg</td>
</tr>
</tbody>
</table>

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.*

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
Nutrition Facts

1 servings per container

Serving size 7.5 oz (210g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories</th>
<th>300</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>% Daily Value*</td>
<td></td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>170mg</td>
<td>7%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>65g</td>
<td>24%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1g</td>
<td>4%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>16g</td>
<td></td>
</tr>
<tr>
<td>Includes 0g of Added Sugars</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>11g</td>
<td></td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0mcg</td>
<td>0%</td>
</tr>
<tr>
<td>Calcium</td>
<td>400mg</td>
<td>30%</td>
</tr>
<tr>
<td>Iron</td>
<td>0.7mg</td>
<td>4%</td>
</tr>
<tr>
<td>Potassium</td>
<td>550mg</td>
<td>10%</td>
</tr>
</tbody>
</table>

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Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
# Nutrition Facts

1 servings per container

**Serving size**  10 oz (280g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories</th>
<th>410</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Daily Value*</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Saturated Fat</strong></td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Trans Fat</strong></td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>220mg</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>87g</td>
<td>32%</td>
</tr>
<tr>
<td><strong>Dietary Fiber</strong></td>
<td>2g</td>
<td>7%</td>
</tr>
<tr>
<td><strong>Total Sugars</strong></td>
<td>22g</td>
<td></td>
</tr>
<tr>
<td><strong>Includes 0g of Added Sugars</strong></td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>14g</td>
<td></td>
</tr>
</tbody>
</table>

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
### Nutrition Facts

1 servings per container

<table>
<thead>
<tr>
<th>Serving size</th>
<th>3 oz (83g)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount per serving</strong></td>
<td></td>
</tr>
<tr>
<td>Calories</td>
<td>150</td>
</tr>
</tbody>
</table>

| % Daily Value* |  
|----------------|----------------|
| Calories | |  
| Fat | 0g | 0% |
| Saturated Fat | 0g | 0% |
| Trans Fat | 0g | 0% |
| Cholesterol | 0mg | 0% |
| Sodium | 75mg | 3% |
| Total Carbohydrate | 34g | 12% |
| Dietary Fiber | 0g | 0% |
| Total Sugars | 8g | 6% |
| Includes 3g of Added Sugars | | |
| Protein | 4g | 4% |
| Vitamin D | 0mcg | 0% |
| Calcium | 150mg | 10% |
| Iron | 0.6mg | 4% |
| Potassium | 200mg | 4% |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
# Nutrition Facts

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td><strong>250</strong></td>
</tr>
<tr>
<td>Total Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>0mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>130mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>55g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>&lt;1g</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>14g</td>
</tr>
<tr>
<td>Includes 3g of Added Sugars</td>
<td>6%</td>
</tr>
<tr>
<td>Protein</td>
<td>8g</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0mcg</td>
</tr>
<tr>
<td>Calcium</td>
<td>290mg</td>
</tr>
<tr>
<td>Iron</td>
<td>0.8mg</td>
</tr>
<tr>
<td>Potassium</td>
<td>390mg</td>
</tr>
</tbody>
</table>

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucrose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
Nutrition Facts

1 servings per container
Serving size 8 oz (223g)

Amount per serving Calories 360

% Daily Value*

Total Fat 0g 0%
  Saturated Fat 0g 0%
  Trans Fat 0g

Cholesterol 0mg 0%

Sodium 190mg 8%

Total Carbohydrate 77g 28%
  Dietary Fiber 1g 4%
  Total Sugars 19g
  Includes 3g of Added Sugars 6%

Protein 11g

Vitamin D 0mcg 0%

Calcium 430mg 35%

Iron 1mg 6%

Potassium 570mg 10%

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Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
**Nutrition Facts**

1 servings per container  
**Serving size** 10.5 oz (293g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories</th>
<th>460</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Daily Value*</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Fat</strong></td>
<td>0.5g</td>
<td>1%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td></td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
<td>0%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>240mg</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>99g</td>
<td>36%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>2g</td>
<td>7%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>25g</td>
<td></td>
</tr>
<tr>
<td>Includes 3g of Added Sugars</td>
<td>6%</td>
<td></td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>15g</td>
<td></td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0mcg</td>
<td>0%</td>
</tr>
<tr>
<td>Calcium</td>
<td>560mg</td>
<td>45%</td>
</tr>
<tr>
<td>Iron</td>
<td>1mg</td>
<td>6%</td>
</tr>
<tr>
<td>Potassium</td>
<td>750mg</td>
<td>15%</td>
</tr>
</tbody>
</table>

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucrose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
### Nutrition Facts

1 servings per container  
**Serving size** 3.6 oz (100g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories 230</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Fat</strong></td>
<td>3g 4%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>1g 5%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>10mg 3%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>55mg 2%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>45g 16%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0g 0%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>16g</td>
</tr>
<tr>
<td>Includes 10g of Added Sugars</td>
<td>20%</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>5g</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0mcg 0%</td>
</tr>
<tr>
<td>Calcium</td>
<td>130mg 10%</td>
</tr>
<tr>
<td>Iron</td>
<td>0.8mg 4%</td>
</tr>
<tr>
<td>Potassium</td>
<td>180mg 4%</td>
</tr>
</tbody>
</table>

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucrose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
### Nutrition Facts

1 servings per container

**Serving size** 6.1 oz (170g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories 330</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Fat</strong> 3.5g</td>
<td>4%</td>
</tr>
<tr>
<td>Saturated Fat 1g</td>
<td>5%</td>
</tr>
<tr>
<td>Trans Fat 0g</td>
<td></td>
</tr>
<tr>
<td><strong>Cholesterol</strong> 10mg</td>
<td>3%</td>
</tr>
<tr>
<td><strong>Sodium</strong> 110mg</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong> 66g</td>
<td>24%</td>
</tr>
<tr>
<td>Dietary Fiber &lt;1g</td>
<td>4%</td>
</tr>
<tr>
<td>Total Sugars 21g</td>
<td>Including 10g of Added Sugars 20%</td>
</tr>
<tr>
<td><strong>Protein</strong> 9g</td>
<td></td>
</tr>
<tr>
<td>Vitamin D 0mcg</td>
<td>0%</td>
</tr>
<tr>
<td>Calcium 270mg</td>
<td>20%</td>
</tr>
<tr>
<td>Iron 1mg</td>
<td>6%</td>
</tr>
<tr>
<td>Potassium 370mg</td>
<td>8%</td>
</tr>
</tbody>
</table>

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### Ingredients:
Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucrose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
# Nutrition Facts

<table>
<thead>
<tr>
<th>Ammount per serving</th>
<th>Calories 430</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Fat</strong></td>
<td>3.5g 4%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>1g 5%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>10mg 3%</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>170mg 7%</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong></td>
<td>88g 32%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>1g 4%</td>
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<tr>
<td>Total Sugars</td>
<td>26g</td>
</tr>
<tr>
<td>Includes 10g of Added Sugars</td>
<td>20%</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>12g</td>
</tr>
</tbody>
</table>

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucrose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.
Nutrition Facts
1 servings per container

Serving size 11.1 oz (310g)

<table>
<thead>
<tr>
<th>Amount per serving</th>
<th>Calories 530</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Daily Value*</td>
<td></td>
</tr>
<tr>
<td>Total Fat</td>
<td>3.5g 4%</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>1g 5%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>10mg 3%</td>
</tr>
<tr>
<td>Sodium</td>
<td>220mg 10%</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>109g 40%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>2g 7%</td>
</tr>
<tr>
<td>Total Sugars</td>
<td>32g 20%</td>
</tr>
<tr>
<td>Includes 10g of Added Sugars</td>
<td>20%</td>
</tr>
<tr>
<td>Protein</td>
<td>16g</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>0mcg 0%</td>
</tr>
<tr>
<td>Calcium</td>
<td>540mg 40%</td>
</tr>
<tr>
<td>Iron</td>
<td>1.4mg 8%</td>
</tr>
<tr>
<td>Potassium</td>
<td>730mg 15%</td>
</tr>
</tbody>
</table>

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Ingredients: Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Natural and Artificial Flavor, Vitamin A Palmitate, Yellow 5, and Blue 1. Chocolate Fudge: Maltitol Syrup, Nonfat Milk, Glycerin, Cocoa Processed with Alkali, Modified Cornstarch, Potassium Sorbate (a preservative), Xanthan Gum, Artificial Flavor, and Aspartame*. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor. *PHENYLKETONURICS: CONTAINS PHENYLALANINE.