

# Nutrition Facts

1 servings per container  
**Serving size 2.7 oz (76g)**

**Amount per serving**  
**Calories 120**

**% Daily Value\***

|                             |       |            |
|-----------------------------|-------|------------|
| <b>Total Fat</b>            | 0g    | <b>0%</b>  |
| Saturated Fat               | 0g    | <b>0%</b>  |
| <i>Trans</i> Fat            | 0g    |            |
| <b>Cholesterol</b>          | 0mg   | <b>0%</b>  |
| <b>Sodium</b>               | 65mg  | <b>3%</b>  |
| <b>Total Carbohydrate</b>   | 26g   | <b>9%</b>  |
| Dietary Fiber               | 0g    | <b>0%</b>  |
| Total Sugars                | 5g    |            |
| Includes 0g of Added Sugars |       | <b>0%</b>  |
| <b>Protein</b>              | 4g    |            |
| Vitamin D                   | 0mcg  | <b>0%</b>  |
| Calcium                     | 120mg | <b>10%</b> |
| Iron                        | 0.4mg | <b>2%</b>  |
| Potassium                   | 150mg | <b>4%</b>  |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

# Nutrition Facts

1 servings per container  
**Serving size 5.2 oz (146g)**

**Amount per serving**  
**Calories 220**

**% Daily Value\***

|                             |       |            |
|-----------------------------|-------|------------|
| <b>Total Fat</b>            | 0g    | <b>0%</b>  |
| Saturated Fat               | 0g    | <b>0%</b>  |
| <i>Trans</i> Fat            | 0g    |            |
| <b>Cholesterol</b>          | 0mg   | <b>0%</b>  |
| <b>Sodium</b>               | 115mg | <b>5%</b>  |
| <b>Total Carbohydrate</b>   | 47g   | <b>17%</b> |
| Dietary Fiber               | <1g   | <b>4%</b>  |
| Total Sugars                | 10g   |            |
| Includes 0g of Added Sugars |       | <b>0%</b>  |
| <b>Protein</b>              | 7g    |            |
| Vitamin D                   | 0mcg  | <b>0%</b>  |
| Calcium                     | 240mg | <b>20%</b> |
| Iron                        | 0.4mg | <b>2%</b>  |
| Potassium                   | 300mg | <b>6%</b>  |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

| <b>Nutrition Facts</b>        |                      |
|-------------------------------|----------------------|
| 1 servings per container      |                      |
| <b>Serving size</b>           | <b>7.7 oz (216g)</b> |
| <b>Amount per serving</b>     |                      |
| <b>Calories</b>               | <b>310</b>           |
| <b>% Daily Value*</b>         |                      |
| <b>Total Fat</b> 0g           | <b>0%</b>            |
| Saturated Fat 0g              | <b>0%</b>            |
| <i>Trans</i> Fat 0g           |                      |
| <b>Cholesterol</b> 0mg        | <b>0%</b>            |
| <b>Sodium</b> 170mg           | <b>7%</b>            |
| <b>Total Carbohydrate</b> 68g | <b>25%</b>           |
| Dietary Fiber <1g             | <b>4%</b>            |
| Total Sugars 15g              |                      |
| Includes 0g of Added Sugars   | <b>0%</b>            |
| <b>Protein</b> 10g            |                      |
| Vitamin D 0mcg                | <b>0%</b>            |
| Calcium 360mg                 | <b>30%</b>           |
| Iron 0.4mg                    | <b>2%</b>            |
| Potassium 450mg               | <b>10%</b>           |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

# Nutrition Facts

1 servings per container  
**Serving size 10.2 oz (286g)**

**Amount per serving**  
**Calories 410**

**% Daily Value\***

|                             |       |            |
|-----------------------------|-------|------------|
| <b>Total Fat</b>            | 0g    | <b>0%</b>  |
| Saturated Fat               | 0g    | <b>0%</b>  |
| <i>Trans</i> Fat            | 0g    |            |
| <b>Cholesterol</b>          | 0mg   | <b>0%</b>  |
| <b>Sodium</b>               | 220mg | <b>10%</b> |
| <b>Total Carbohydrate</b>   | 89g   | <b>32%</b> |
| Dietary Fiber               | 1g    | <b>4%</b>  |
| Total Sugars                | 20g   |            |
| Includes 0g of Added Sugars |       | <b>0%</b>  |
| <b>Protein</b>              | 13g   |            |
| Vitamin D                   | 0mcg  | <b>0%</b>  |
| Calcium                     | 480mg | <b>35%</b> |
| Iron                        | 0.4mg | <b>2%</b>  |
| Potassium                   | 600mg | <b>15%</b> |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Cake Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

# Nutrition Facts

1 servings per container  
**Serving size 2.5 oz (70g)**

**Amount per serving**  
**Calories 100**

**% Daily Value\***

|                             |       |            |
|-----------------------------|-------|------------|
| <b>Total Fat</b>            | 0g    | <b>0%</b>  |
| Saturated Fat               | 0g    | <b>0%</b>  |
| <i>Trans</i> Fat            | 0g    |            |
| <b>Cholesterol</b>          | 0mg   | <b>0%</b>  |
| <b>Sodium</b>               | 55mg  | <b>2%</b>  |
| <b>Total Carbohydrate</b>   | 21g   | <b>8%</b>  |
| Dietary Fiber               | 0g    | <b>0%</b>  |
| Total Sugars                | 5g    |            |
| Includes 0g of Added Sugars |       | <b>0%</b>  |
| <b>Protein</b>              | 3g    |            |
| Vitamin D                   | 0mcg  | <b>0%</b>  |
| Calcium                     | 120mg | <b>10%</b> |
| Iron                        | 0mg   | <b>0%</b>  |
| Potassium                   | 150mg | <b>4%</b>  |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.

# Nutrition Facts

1 servings per container

**Serving size** 5 oz (140g)

**Amount per serving**

**Calories** 190

**% Daily Value\***

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 105mg 5%

**Total Carbohydrate** 42g 15%

Dietary Fiber <1g 4%

Total Sugars 10g

Includes 0g of Added Sugars 0%

**Protein** 6g

Vitamin D 0mcg 0%

Calcium 240mg 20%

Iron 0mg 0%

Potassium 290mg 6%

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.

| <b>Nutrition Facts</b>        |                      |
|-------------------------------|----------------------|
| 1 servings per container      |                      |
| <b>Serving size</b>           | <b>7.5 oz (210g)</b> |
| <b>Amount per serving</b>     |                      |
| <b>Calories</b>               | <b>290</b>           |
| <b>% Daily Value*</b>         |                      |
| <b>Total Fat</b> 0g           | <b>0%</b>            |
| Saturated Fat 0g              | <b>0%</b>            |
| <i>Trans</i> Fat 0g           |                      |
| <b>Cholesterol</b> 0mg        | <b>0%</b>            |
| <b>Sodium</b> 160mg           | <b>7%</b>            |
| <b>Total Carbohydrate</b> 63g | <b>23%</b>           |
| Dietary Fiber <1g             | <b>4%</b>            |
| Total Sugars 15g              |                      |
| Includes 0g of Added Sugars   | <b>0%</b>            |
| <b>Protein</b> 9g             |                      |
| Vitamin D 0mcg                | <b>0%</b>            |
| Calcium 360mg                 | <b>30%</b>           |
| Iron 0mg                      | <b>0%</b>            |
| Potassium 440mg               | <b>10%</b>           |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.

| <b>Nutrition Facts</b>        |                     |
|-------------------------------|---------------------|
| 1 servings per container      |                     |
| <b>Serving size</b>           | <b>10 oz (280g)</b> |
| <b>Amount per serving</b>     |                     |
| <b>Calories</b>               | <b>380</b>          |
| <b>% Daily Value*</b>         |                     |
| <b>Total Fat</b> 0g           | <b>0%</b>           |
| Saturated Fat 0g              | <b>0%</b>           |
| <i>Trans</i> Fat 0g           |                     |
| <b>Cholesterol</b> 0mg        | <b>0%</b>           |
| <b>Sodium</b> 210mg           | <b>9%</b>           |
| <b>Total Carbohydrate</b> 84g | <b>31%</b>          |
| Dietary Fiber 1g              | <b>4%</b>           |
| Total Sugars 20g              |                     |
| Includes 0g of Added Sugars   | <b>0%</b>           |
| <b>Protein</b> 12g            |                     |
| Vitamin D 0mcg                | <b>0%</b>           |
| Calcium 480mg                 | <b>35%</b>          |
| Iron 0mg                      | <b>0%</b>           |
| Potassium 590mg               | <b>15%</b>          |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1.



| <b>Nutrition Facts</b>        |                   |
|-------------------------------|-------------------|
| 1 servings per container      |                   |
| <b>Serving size</b>           | <b>3 oz (83g)</b> |
| <b>Amount per serving</b>     |                   |
| <b>Calories</b>               | <b>150</b>        |
| <b>% Daily Value*</b>         |                   |
| <b>Total Fat</b> 0g           | <b>0%</b>         |
| Saturated Fat 0g              | <b>0%</b>         |
| <i>Trans</i> Fat 0g           |                   |
| <b>Cholesterol</b> 0mg        | <b>0%</b>         |
| <b>Sodium</b> 75mg            | <b>3%</b>         |
| <b>Total Carbohydrate</b> 33g | <b>12%</b>        |
| Dietary Fiber 0g              | <b>0%</b>         |
| Total Sugars 8g               |                   |
| Includes 3g of Added Sugars   | <b>6%</b>         |
| <b>Protein</b> 4g             |                   |
| Vitamin D 0mcg                | <b>0%</b>         |
| Calcium 140mg                 | <b>10%</b>        |
| Iron 0.4mg                    | <b>2%</b>         |
| Potassium 170mg               | <b>4%</b>         |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.

# Nutrition Facts

1 servings per container

**Serving size** 5.5 oz (153g)

Amount per serving

**Calories** 240

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 125mg 5%

**Total Carbohydrate** 54g 20%

Dietary Fiber <1g 4%

Total Sugars 13g

Includes 3g of Added Sugars 6%

**Protein** 7g

Vitamin D 0mcg 0%

Calcium 260mg 20%

Iron 0.4mg 2%

Potassium 310mg 6%

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.

# Nutrition Facts

1 servings per container  
**Serving size 8 oz (223g)**

**Amount per serving**  
**Calories 340**

**% Daily Value\***

|                             |       |            |
|-----------------------------|-------|------------|
| <b>Total Fat</b>            | 0g    | <b>0%</b>  |
| Saturated Fat               | 0g    | <b>0%</b>  |
| <i>Trans</i> Fat            | 0g    |            |
| <b>Cholesterol</b>          | 0mg   | <b>0%</b>  |
| <b>Sodium</b>               | 180mg | <b>8%</b>  |
| <b>Total Carbohydrate</b>   | 75g   | <b>27%</b> |
| Dietary Fiber               | <1g   | <b>4%</b>  |
| Total Sugars                | 18g   |            |
| Includes 3g of Added Sugars |       | <b>6%</b>  |
| <b>Protein</b>              | 10g   |            |
| Vitamin D                   | 0mcg  | <b>0%</b>  |
| Calcium                     | 380mg | <b>30%</b> |
| Iron                        | 0.4mg | <b>2%</b>  |
| Potassium                   | 460mg | <b>10%</b> |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Sugar Cone: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Shortening (Soybean and/or Canola Oil, Modified Palm Oil, Soy Lecithin, and/or Partially Hydrogenated Soybean Oil), Oat Fiber and/or Vegetable Fiber, Salt, Caramel Color, Artificial Flavor, Soy Lecithin.

| <b>Nutrition Facts</b>        |                       |
|-------------------------------|-----------------------|
| 1 servings per container      |                       |
| <b>Serving size</b>           | <b>10.5 oz (293g)</b> |
| <b>Amount per serving</b>     |                       |
| <b>Calories</b>               | <b>440</b>            |
| <b>% Daily Value*</b>         |                       |
| <b>Total Fat</b> 0g           | <b>0%</b>             |
| Saturated Fat 0g              | <b>0%</b>             |
| <i>Trans</i> Fat 0g           |                       |
| <b>Cholesterol</b> 0mg        | <b>0%</b>             |
| <b>Sodium</b> 230mg           | <b>10%</b>            |
| <b>Total Carbohydrate</b> 96g | <b>35%</b>            |
| Dietary Fiber 1g              | <b>4%</b>             |
| Total Sugars 23g              |                       |
| Includes 3g of Added Sugars   | <b>6%</b>             |
| <b>Protein</b> 13g            |                       |
| Vitamin D 0mcg                | <b>0%</b>             |
| Calcium 510mg                 | <b>40%</b>            |
| Iron 0.4mg                    | <b>2%</b>             |
| Potassium 610mg               | <b>15%</b>            |

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# Nutrition Facts

1 servings per container  
**Serving size 3.6 oz (100g)**

**Amount per serving**  
**Calories 220**

**% Daily Value\***

|                              |       |            |
|------------------------------|-------|------------|
| <b>Total Fat</b>             | 3g    | <b>4%</b>  |
| Saturated Fat                | 1g    | <b>5%</b>  |
| <i>Trans</i> Fat             | 0g    |            |
| <b>Cholesterol</b>           | 10mg  | <b>3%</b>  |
| <b>Sodium</b>                | 55mg  | <b>2%</b>  |
| <b>Total Carbohydrate</b>    | 44g   | <b>16%</b> |
| Dietary Fiber                | 0g    | <b>0%</b>  |
| Total Sugars                 | 15g   |            |
| Includes 10g of Added Sugars |       | <b>20%</b> |
| <b>Protein</b>               | 5g    |            |
| Vitamin D                    | 0mcg  | <b>0%</b>  |
| Calcium                      | 120mg | <b>10%</b> |
| Iron                         | 0.6mg | <b>4%</b>  |
| Potassium                    | 150mg | <b>4%</b>  |

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**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.

# Nutrition Facts

1 servings per container  
**Serving size 6.1 oz (170g)**

**Amount per serving**  
**Calories 320**

**% Daily Value\***

|                              |       |            |
|------------------------------|-------|------------|
| <b>Total Fat</b>             | 3g    | <b>4%</b>  |
| Saturated Fat                | 1g    | <b>5%</b>  |
| <i>Trans</i> Fat             | 0g    |            |
| <b>Cholesterol</b>           | 10mg  | <b>3%</b>  |
| <b>Sodium</b>                | 105mg | <b>5%</b>  |
| <b>Total Carbohydrate</b>    | 65g   | <b>24%</b> |
| Dietary Fiber                | <1g   | <b>4%</b>  |
| Total Sugars                 | 20g   |            |
| Includes 10g of Added Sugars |       | <b>20%</b> |
| <b>Protein</b>               | 8g    |            |
| Vitamin D                    | 0mcg  | <b>0%</b>  |
| Calcium                      | 240mg | <b>20%</b> |
| Iron                         | 0.6mg | <b>4%</b>  |
| Potassium                    | 290mg | <b>6%</b>  |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.

# Nutrition Facts

1 servings per container  
**Serving size 8.6 oz (240g)**

**Amount per serving**  
**Calories 410**

**% Daily Value\***

|                              |       |            |
|------------------------------|-------|------------|
| <b>Total Fat</b>             | 3g    | <b>4%</b>  |
| Saturated Fat                | 1g    | <b>5%</b>  |
| <i>Trans</i> Fat             | 0g    |            |
| <b>Cholesterol</b>           | 10mg  | <b>3%</b>  |
| <b>Sodium</b>                | 160mg | <b>7%</b>  |
| <b>Total Carbohydrate</b>    | 86g   | <b>31%</b> |
| Dietary Fiber                | <1g   | <b>4%</b>  |
| Total Sugars                 | 25g   |            |
| Includes 10g of Added Sugars |       | <b>20%</b> |
| <b>Protein</b>               | 11g   |            |
| Vitamin D                    | 0mcg  | <b>0%</b>  |
| Calcium                      | 360mg | <b>30%</b> |
| Iron                         | 0.6mg | <b>4%</b>  |
| Potassium                    | 440mg | <b>10%</b> |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.

# Nutrition Facts

1 servings per container  
**Serving size 11.1 oz (310g)**

**Amount per serving**  
**Calories 510**

**% Daily Value\***

|                              |       |            |
|------------------------------|-------|------------|
| <b>Total Fat</b>             | 3g    | <b>4%</b>  |
| Saturated Fat                | 1g    | <b>5%</b>  |
| <i>Trans Fat</i>             | 0g    |            |
| <b>Cholesterol</b>           | 10mg  | <b>3%</b>  |
| <b>Sodium</b>                | 210mg | <b>9%</b>  |
| <b>Total Carbohydrate</b>    | 107g  | <b>39%</b> |
| Dietary Fiber                | 1g    | <b>4%</b>  |
| Total Sugars                 | 30g   |            |
| Includes 10g of Added Sugars |       | <b>20%</b> |
| <b>Protein</b>               | 14g   |            |
| Vitamin D                    | 0mcg  | <b>0%</b>  |
| Calcium                      | 480mg | <b>35%</b> |
| Iron                         | 0.6mg | <b>4%</b>  |
| Potassium                    | 590mg | <b>15%</b> |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Skim Milk, Lactitol, Maltodextrin, Cellulose Gel, Mono & Diglycerides, Cellulose Gum, Sucralose, Carrageenan, Nonfat Milk Solids, Vanillin, Caramel Color, Vitamin A Palmitate. Strawberry Swirl: Maltitol Syrup, Strawberries, Water, Modified Corn Starch, Contains 2% or less of: Citric Acid, Natural Flavor, Potassium Sorbate and Sodium Benzoate (as preservatives), Sodium Citrate, Gellan Gum, Red 40, Sucralose (Artificial Sweetener), and Blue 1. Waffle Cone: Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Whole Egg, Artificial Flavor (Including Maltodextrin, Modified Cornstarch, Butter, Buttermilk), Dextrose, Soy Lecithin, Artificial Vanilla Flavor.